

Intimacy

List current actions for Emotional Intimacy	List expectations for Emotional Intimacy
Ex. I feel loved when you say "I appreciate your work."	Ex. I would feel loved we would talk about our budget.

List current actions for Physical Intimacy	List expectations for Physical Intimacy
Ex. I feel loved when you hold my hand.	Ex. I would feel loved if you held my hand while we walk.

List current actions for Spiritual Intimacy	List expectations for Spiritual Intimacy
Ex. I feel loved that we worship together.	Ex. I would feel loved if you said a morning prayer.

